



**BEVERLY GOLDSMITH, C.S.B.**  
*Helping you find happiness, health, and healing*

Practitioner and Teacher of Christian Science healing

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Beverly is a former speaker for the Christian Science Board of Lectureship about health and healing

- on radio, TV, and live Internet chats

- at conferences on [suicide](#) prevention and '[Maturity Matters](#)' - International Federation on Ageing

- at bookstores in Australia, New Zealand, and the Philippines.

An expert on [Science and Health](#) and [Mary Baker Eddy](#), she spoke over 150 times to more than 5,000 people in 7 years, distributing 1,200 copies of Eddy's book.

**Media interviews and programs:**

**Newspaper:** New Zealand: Dunedin, *The Star*. 45 minute interview with Gillian Vine

**Radio:**

Australia:

**VIC:** 88.3 Southern FM, Melbourne. "Good Health Matters". 20 minutes with Barbara Rees

94.1 FM, 3WBC Melbourne. 40 minutes **twice** with Gwen Smith

**NSW:** ABC National Local Radio 702AM, Sydney, [50 minute panel with John Cleary](#) - "Can wishing make it so?"

2SM, 1269AM, Sydney, 15 minutes, "Mornings with Tricia Duffield"

2NSB, 99.3 FM, Sydney. "Kaleidoscope". 15 minutes with Beverley Hoddinott

2NSB, 99.3 FM, Sydney. "Kaleidoscope". 15 minutes with John O'Reilly

2NSB, 99.3 FM, Sydney. "Kaleidoscope". 5 minutes with Ruth Matheson

**QLD:** 4BC, 1116 AM Brisbane, 60 minute panel "Saturday night" with Tony Murphy

4BH Brisbane

ABC Sunshine & Cooloola Coasts Radio, 4SCR, 90.3 FM Breakfast with John Stokes

4GR, Toowoomba. "Midday Show". 5 minutes with Graham Healey

4RPH, Brisbane. "Brenda's People". 15 minutes with Brenda Gayle

100.3 Bay FM. "Know your community". 12 minutes with Jim Gilbert

100.3 Bay FM. 3 interviews, 3 x 15 minute programmes with Rosemary Skelly

99.7 FM. 2 interviews, 3 x 15 minute programmes with Lezley Stewart

**TAS:** 92 FM. Hobart. 30 minutes with Chris Mittlehauser

New Zealand

Auckland:

**Radio Pacific.** "Life Styles" 30 minutes with Alice Worsley

**Radio Pacific.** "Life Styles" 60 minute talk-back with Alice Worsley

Hamilton:

**Access Community Radio, AM1206,** "Breakfast" 55 minute talkback with Allan Duffel

**Access Community Radio AM1206** "Talk about town". with Bruce Scott,

Palmerston North:

**Access Community Radio,** "Thursday Evening". 80 min talkback, Peter Hawley



Beverly Goldsmith, Radio Pacific, NZ

**Philippines:** Baguio City, Radio DZWR. "Love Tracks". 20 minutes with Tina Chua

**Bombo Rabyo.** "Bombo Joe". 10 minutes

**Television:** New Zealand: Auckland, TV One. "Today Live" with Susan Wood

Nelson, Mainland TV. 30 minutes with Gary Watson, **twice**, and aired multiple times.

**Short-wave radio:** Zimbabwe, New York, Australia, New Zealand, Asia.

**Internet live chats:** 1. [Self-care – A spiritual approach](#) 2. [How to be worry-free](#)

3. [Weathering Financial drought? – Spiritual resources can help](#)

4. [Are you concerned about safety? A spiritual approach can help](#)

5. [Preparing to travel? Don't forget to pack prayer!](#)

6. [Prayer for restoration in Australia](#) 7. [After a fire... how can we move on? - Victorian bush fires.](#)

Tsunami 8. [Exchanging horror for hope](#) 9. [Comfort when facing loss and grief](#) 10. [Recovery and restoration](#)

**Conferences:**

**WA:** International Federation on Ageing, global conference. 'Maturity Matters'

[Poster presentation:](#) "An essential tool for challenging the myths of ageing".

**QLD:** Suicide Prevention Australia 10<sup>th</sup> Annual Conference,

[Suicide prevention](#) - report article published in the Christian Science Sentinel.

**Paper:** "Spiritual approaches to suicide prevention: finding a life worth living; gaining resilience; speaking words that comfort and heal."



Beverly Goldsmith, 'Maturity Matters'

**Community organizations:**

**Australia:**

**Wyong**, Candles Cancer Support Group

**Brisbane**, Treetops RSL Nursing Home twice,  
Probus Club of Toondah

**Melbourne**, School of Christianity

**New Zealand:**

**Dunedin**, Cancer Self-help and Wellness Group

**Festivals and Expos:**

**QLD: Mind Body Spirit Festival**, Brisbane, 9 times

**Every Woman Expo**, Brisbane, 9 times

**WA: Conscious Living Expo**, Perth, twice

**VIC & SA: Mind Body Spirit Festival**, 3 times each

**New Zealand:**

**Christchurch, Mind Body Spirit Festival**

**Cambridge, Holistic Health Festival**, 4 times



Beverly Goldsmith, Conscious Living Expo, Perth, WA

**Workshops:**

**QLD: Alexandra Hills**, Community Centre

**Brisbane**, Holiday Inn

Christian Science Reading Room, twice

**Wynnum**, Christian Science Reading Room

**Gold Coast**, Pacific Fair, Southport

**Sunshine Coast**, Penefathings Centre, Montville

**Rockhampton**, Dreamtime Cultural Centre, three times

**NSW: Sydney:** State Library of New South Wales

**Terrigal:** Surf Life Saving Club

**Chatswood:** Sebel Residence

**ACT:** Canberra Museum & Gallery

**VIC:** Craft Market, Shopping Square, Mt Waverley

**Philippines:** Malcolm Square, Baguio City. Municipal Hall, Kibungan. Pine Breeze Cottages Conference Hall, Baguio City.



Beverly Goldsmith, Malcolm Square, Baguio City, Philippines

**Public Libraries:**

**Australia:**

**NSW: King's Cross; Hornsby; State Library of New South Wales**

**QLD: Brisbane Central; Redland Shire; Maroochydore**

**WA: Alexander; Gosnells; A.H. Bracks-Melville**

**SA: Brighton**

**New Zealand:** Palmerston North 3 times. Wanganui

**Universities:**

**Philippines:** University Makati, Manila

**New Zealand:** Otago University, Dunedin

**Australia:** University of The Third Age, Wollongong

University of The Third Age, Southport,

**Bookstores:**

**Australia**

**NSW: Borders Books**, Skygarden, Macquarie Centre, Hornsby, each 4 times

**Angus & Robertson**, Chatswood

**Dymocks Books**, Sydney

**Village Imprint**, Ocean Shores

**VIC: Borders Books**, Chadstone

**Dymocks Books**, Camberwell

**QLD: Borders Books**, Brisbane

**Dymocks Books**, Brisbane

**Collins Booksellers**, Warwick

**Hooked on Books**, Elanora

**New Zealand:**

**Whitcoulls Books**, Auckland, Wellington, Tauranga,

Mt Maunganui, Botany Downs,

Hamilton twice, Nelson twice,

**Books and More**, Richmond, Nelson

**McCarthy's Paper Plus**, Taradale



Beverly Goldsmith, Warwick



Beverly Goldsmith, Whitcoulls, Auckland



Beverly Goldsmith, Power Books, Arnaiz, Manila

**Philippines**  
**Power Books**  
**Arnaiz, Manila**  
**and**  
**Megamall,**  
**Pasig City**



Beverly Goldsmith, Power Books, Pasig City

## **Can wishing "make it so"?**

25/05/2003

**Faith, they say, can move mountains - but can it fix your sore toe? What is the connection between belief and health? In ancient societies the priest and the medicine man were one. Even today, groups such as the Christian Scientists say Faith can heal. Now it seems even science is beginning to recognise the deeper connection between mind and body.**

Over the last decade or so, particularly in the USA, there has been a noticeable increase in the formal study of spiritual beliefs and their effect on health. Quite a body of research literature has been compiled. In 1995 a new diagnostic category was introduced in the DSM-IV - the American manual of psychological and psychiatric illnesses - entitled 'religious or spiritual problems' - so even the benchmark textbooks are starting to pay attention to spirituality.

Dr Russell D'Souza, among his many qualifications, is a Consultant Psychiatrist & Director of Continuing Care Psychiatry Program. And he has been scientifically studying the inter-relationship between beliefs, spirituality and health. He is the first person to do randomised studies, the hard yakka of collecting and verifying data - among Australians.

Dr Alex Reichel, a former Mathematics professor, was the person who introduced the Charismatic Renewal into the Roman Catholic church in Australia. It's a Christian movement with a strong belief in miraculous healing - both spiritual and physical.

Beverly Goldsmith is a Member of the Board of Lectureship, of the Church of Christ, Scientist - more commonly known as the Christian Science Church. She is an internationally recognized speaker on spiritual self-care and healing - promoting the writings and work of the founder of Christian Science - Mary Baker Eddy - who was convinced that the power of spiritual conviction could heal illness.

**Technical Production:** Noel Debien

**Guests in this story:**

### **Dr Russell D'Souza**

Senior Research fellow at the Mental Health research Institute Melbourne,  
Senior Lecturer in Psychological Medicine at Monash University,  
Visiting Psychiatrist at the University of South Florida

### **Dr Alex Reicher**

Who introduced the Catholic Charismatic renewal to Australia.

### **Beverly Goldsmith**

Member of the Board of Lectureship, Church of Christ, Scientist

**Further information:**

**Religion, spirituality and health: how should Australia's medical professionals respond?**

[http://www.mja.com.au/public/issues/178\\_02\\_200103/pea10135\\_fm.html](http://www.mja.com.au/public/issues/178_02_200103/pea10135_fm.html)